

TIME TABLE (BAMS 1st Year)(NEW-2025)
K.S.V.A.M.C.&R.C
SHOBHIT UNIVERSITY,GANGOH(SAHARANPUR)
w.e.f.19/05/2026

DAY	Subject Time 9:00 to 9: 45 AM	Subject Time 9:45 to 10:30AM	Subject Time 10:30 to11:15AM	Subject Time 11:15 to 12:00PM	Subject Time 12:00to 12:45PM	Subject Time 2 PM to 2:30PM	SUBJECT TIME 2:30 to 3:45pm	Subject Time 3:45 to 4:00PM	Remedial classes 4:00 to 5:00 PM	
Monday	Sanskrit (T) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Parameswaran	Kriya Sharir (T) Dr.Pramveer	Padarth Vigyan (T) Dr.Seethal	Samhita Adhayan (T) Dr.Preethi	LUNCH BREAK 1 PM TO 2PM	Kriya Sharir (NLH)TH	K. S PRACTICAL GROUP A/B R.S GROUP C/D	Library & Teacher's Interaction	sanskrit
Tuesday	Sanskrit (T) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Sugandha	Kriya Sharir (T) Dr.Pramveer	Padarth Vigyan(T) Dr.Seethal	Samhita Adhayan (T) Dr.Preethi		Kriya Sharir (NLH)PR	K. S PRACTICAL GROUP C/D R.S GROUP A/B	Library & Teacher's Interaction	Padarth Vigyan
Wednesday	Sanskrit (NLH) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Anju V	Kriya Sharir (T) Dr. M M Sharma	Padarth Vigyan(T) Dr.Seethal	Samhita Adhayan (T) Dr.Preethi		Rachana Sharir (NLH)TH	K. S PRACTICAL GROUP A/B R.S GROUP C/D	Library & Teacher's Interaction	Samhita Adhayan
Thursday	Sanskrit (NLH) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Anju V	Kriya Sharir (T) Dr. Annu	Padarth Vigyan (NLH) Dr.Seethal	Samhita Adhayan (NLH) Dr.Preethi		Rachana Sharir (NLH)TH	K. S PRACTICAL GROUP C/D R.S GROUP A/B	Library & Teacher's Interaction	Rachana Sharir
Friday	Sanskrit (NLH) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Minali	Kriya Sharir (T) Dr. Varsha	Padarth Vigyan (NLH) Dr.Seethal	Samhita Adhayan (NLH) Dr.Preethi		Samhita Adhayan(NLH) PR	K. S PRACTICAL GROUP A/B R.S GROUP C/D	Library & Teacher's Interaction	Kriya Sharir
Saturday	Sanskrit (NLH) Mrs.Tripta Malik	Rachana Sharir (T)Dr. Minali	Kriya Sharir (NLH) Dr. Sunilkumar	Padarth Vigyan (NLH) Dr.Seethal	Samhita Adhayan (NLH) Dr.Preethi		Samhita Adhayan(NLH) PR	K. S PRACTICAL GROUP C/D R.S GROUP A/B	Library & Teacher's Interaction	mentor mentee problem solving session

2nd Tuesday & Wednesday of every month will be NLEP Kriya (clinical exposure)
 ** 2nd Friday of every month will be Padarth Vigyan NLHP (ECE/OPD Visit)

Groups	Roll. Nos.
A	1-25
B	26-50
C	51-75
D	76-100

