



Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

COURSE FILE

PHILOSOPHY OF NATUROPATHY

(BNY-106)

BNYS (1st Year)
(Session 2022-2023)



School of Naturopathy
Shobhit University, Gangoh
Saharanpur





Shobhit
University

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

Program Outcomes (POs): EMPOWERS

Program Outcome		Statement
PO 1	Fundamentals of Naturopathy	Educating students on the basic principles of naturopathy through interactive and engaging classes.
PO 2	Holistic Disease Understanding	Enabling students to comprehend diseases from a naturopathic and yogic perspective through clinical exposure.
PO 3	Case Study and Diagnosis	Training students in effective case-taking methods for accurate disease diagnosis.
PO 4	Personal & Professional Development	Enhancing students' communication skills and overall personal growth.
PO 5	Human Body Sciences	Providing in-depth knowledge of human anatomy, physiology, and biochemistry.
PO 6	Modern Medical Integration	Introducing fundamental concepts of modern medicine to complement naturopathic education.
PO 7	Medical and Scientific Foundation	Develop a strong understanding of basic medical sciences (Anatomy, Physiology, Pathology, etc.) integrated with naturopathic principles.
PO 8	Holistic Health Approach	Apply holistic approaches to patient care by addressing physical, mental, emotional, social, and environmental factors.
PO 9	Proficiency in Natural Therapies	Acquire skills in core naturopathic therapies such as Hydrotherapy, Mud Therapy, Fasting, Dietetics, Yoga, Massage, and Physiotherapy.
PO 10	Integrative Clinical Skills	Demonstrate clinical competence in diagnosing and managing acute and chronic conditions using naturopathic modalities.
PO 11	Evidence-Based Practice	Employ research methodologies and evidence-based practices to support clinical decision-making and therapeutic planning.
PO 12	Lifelong Learning and Adaptability	Engage in continuous learning to adapt to advances in healthcare and naturopathy, including evolving scientific, technological, and traditional knowledge.

Program Specific Outcomes (PSOs):

Program Specific Outcome	Statement
PSO 1	Understanding of naturopathic principles and therapeutic modalities.
PSO 2	Knowledge of yogic sciences and their benefits.
PSO 3	Proficiency in diagnostic skills, including conventional and naturopathic methods.
PSO 4	Familiarity with various naturopathic treatment modalities





Shobhit
University
EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

Course Outcome: At the end of the course, the student will be able to.

Course Outcomes	Statement
CO 1	CO-1 Understand the Principles of Naturopathy- Explain the foundational concepts of naturopathy, including vis mediatrix naturae (the healing power of nature), the role of vital force, and the body's innate ability to heal.
CO 2	CO-2 Analyze the Philosophical Roots of Naturopathy- Explore the historical evolution and philosophical underpinnings of naturopathy, including its influences from traditional healing systems and modern holistic health approaches.
CO 3	CO-3 Differentiate Between Conventional and Naturopathic Medicine-Compare and contrast the holistic, preventive, and non-invasive approach of naturopathy with conventional allopathic medicine.
CO 4	CO-4 Apply Naturopathic Principles to Health and Wellness- Demonstrate knowledge of how lifestyle, nutrition, and natural therapies contribute to maintaining and restoring health in alignment with naturopathic philosophy.
CO 5	CO-5 Evaluate the Role of Nature in Healing- Assess the significance of environmental factors, detoxification, and natural remedies in promoting overall well-being.

Mapping of Course Outcomes to Program Outcomes/ Programme Specific Outcomes:

CO	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO1 0	PO1 1	PO1 2	PSO 1	PSO 2	PSO 3	PSO 4
CO 1	3	2	2	2	3	2	3	3	2	2	2	3	3	2	2	2
CO 2	3	2	2	2	2	2	3	3	1	2	2	2	3	2	2	2
CO 3	2	2	2	2	3	3	3	3	2	2	2	3	3	2	3	2
CO 4	3	2	2	3	3	2	3	3	3	3	2	3	3	2	3	3
CO 5	3	2	1	2	2	2	2	3	3	2	2	3	3	2	2	3
Av g	2.8	2.0	1.8	2.2	2.6	2.2	2.8	3.0	2.2	2.2	2.0	2.8	3.0	2.0	2.4	2.4





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional

Area Gangoh, Distt. Saharanpur (U.P.)

247341, India

Tel: +91 7830810052

E-mail: registrargangoh@shobhituniversity.ac.in

U.: www.sug.ac.in

CO-PO Attainment

CO Attainment Calculations									
	Direct attainment						Indirect Assessment		
	Internal			External			Course Exit Survey		
	CIA1	CIA2		ESE					
Number of students who have scored more than the target (P) (Target is 60%)	22	24		25			25		
Percentage of students who have achieved the target = $(P/N) \times 100$ (N is the number of students who appeared in the exam)	$(22/30) \times 100$	$(24/30) \times 100$		$(25/30) \times 100$			$(25/N) \times 100$		
Attainment Level (3 for >80%, 2 for >70%, 1 for > 60%)	a = 2	b = 3		c = 3			d = 3		
Attainment based on internal assessment (CIA) = Average of (a and b);			CIA	=	2.5				
Direct CO Attainment Level (DA) = 40% CIA + 60% End-Term ©;			DA	=	2.8				
Indirect CO Attainment Level (IA) (based on Exit Survey (d));			IA	=	3				
80 % of DA				=	2.24				
20 % IA				=	0.6				
CO Attainment Level (COA) = 80 % DA+ 20 % IA;			COA	=	2.84				





PO/PSO Attainment = COA x M/3

U.: www.sug.ac.in

$$* = COA \times M/3$$




Shobhit
University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

28. PLAN OF ACTION TO IMPROVE CO ATTAINMENT NEXT TIME

Actions to be Taken to Improve CO Attainment:

1. The syllabus for the courses will be modified as per the requirements.
2. Teaching methods will be restructured based on the feedback received from students.
3. Tutorial sessions for the courses will be enhanced.
4. Assignments and seminars will be given, and students will be expected to study real-world problems and give presentations about their ideas to solve them.

