



**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in

School of Naturopathy

Student-Centric Methods

Introduction:

The Department of Naturopathy has actively adopted student-centric pedagogical approaches to foster critical thinking, collaboration, and self-directed learning. Emphasis has been placed on project-based learning, peer teaching, flipped classrooms, and problem-solving sessions, in alignment with NEP 2020 recommendations. The vision of the BNYS program is to promote quality education and adapt to contemporary trends and challenges in the healthcare system by creating excellent professionals in alternative medicine. This is achieved through an innovative, holistic curriculum and a strong emphasis on research

The following student-centric methods are practicing in School

1. **Experiential learning** is a student-centered teaching method where learners gain knowledge and skills through **direct experience**, reflection, and application. Instead of passively receiving information, students actively engage in **real-world tasks, projects, and problem-solving activities**, making learning more meaningful and memorable
2. **Integrated or interdisciplinary learning** is a student-centered approach where concepts from multiple subjects are connected and taught together. This method encourages students to see the relationships between different disciplines, helping them understand complex real-world problems in a more holistic way. It promotes **critical thinking, creativity, and collaborative learning**
3. **Participatory learning** is a student-centered approach where learners actively engage in the learning process through discussion, collaboration, decision-making, and hands-on activities. It emphasizes **active participation, voice, and shared responsibility** between students and teachers, fostering deeper understanding, ownership of learning, and improved communication and social skills.
4. **Problem-solving learning** is a student-centered approach where learners actively engage in identifying, analyzing, and solving real-world or subject-specific problems. It promotes **critical thinking, decision-making, creativity, and independent learning**. Students learn by exploring challenges, testing solutions, and reflecting on outcomes, making learning more practical and meaningful
5. **Self-directed learning** is a student-centered approach where learners take initiative, set their own learning goals, identify resources, choose strategies, and evaluate their progress. This method builds **independence, self-motivation, responsibility, and lifelong learning skills**. Teachers act as facilitators rather than direct instructors.





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in

6. **Practice-centric learning** focuses on applying theoretical knowledge through practical, hands-on experiences. **Evidence-based learning** emphasizes using research, data, and proven methods to guide learning and decision-making. Together, they help students develop critical thinking, analytical skills, and the ability to apply knowledge effectively in real-world contexts.

7. **Project-Based Learning** is a student-centered approach where learners actively explore real-world problems and challenges over an extended period. Through collaboration, research, and hands-on activities, students develop deeper understanding, critical thinking, creativity, and communication skills. PBL connects classroom learning with practical application, making education relevant and engaging.

8. **Role-play learning** is a student-centered teaching method where learners actively assume roles and act out scenarios to explore concepts, practice skills, or understand different perspectives. This experiential technique enhances communication, empathy, creativity, and problem-solving by immersing students in realistic or imagined situations.

9. **Humanities learning** focuses on understanding human culture, history, society, and values through subjects like history, geography, literature, philosophy, and arts. Student-centric methods in humanities encourage active engagement, critical thinking, interpretation, and discussion, helping learners connect with diverse perspectives and develop empathy and cultural awareness.





Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

2024-25



**Shobhit
University**

EDUCATION EMPOWERS

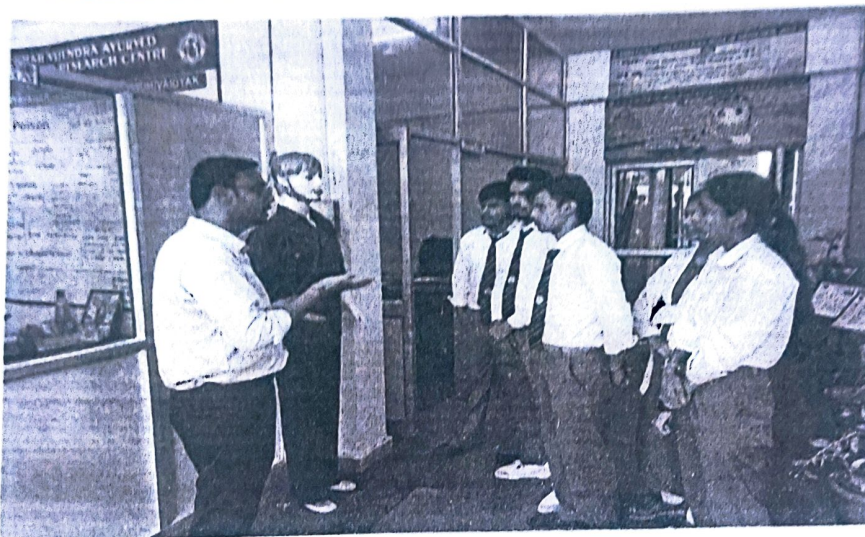
Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7836810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U: www.sug.ac.in

2024-25

I. EXPERIENTIAL LEARNING

SIMULATION BASED LEARNING

SUICIDAL HANGING



FIELD VISIT AND EXCURSIONS

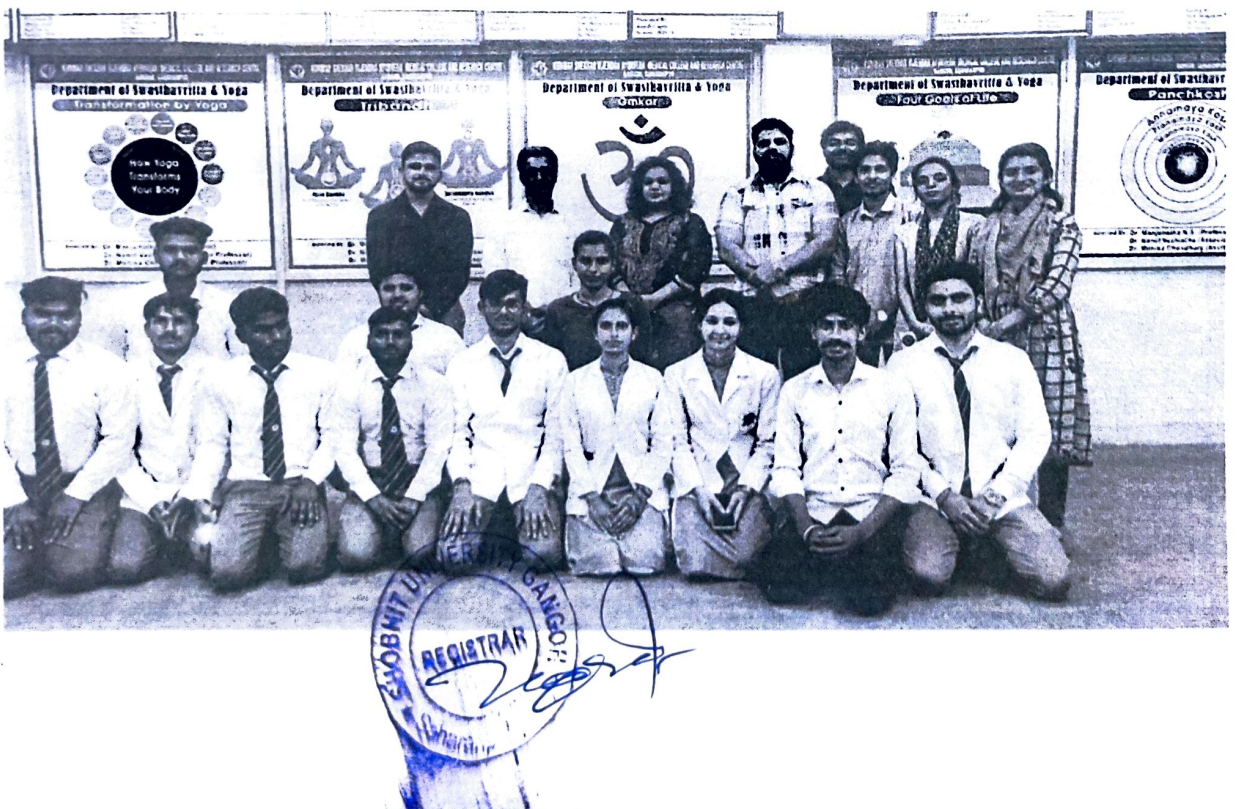




Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

GPS Map Camera

Saharanpur, UP, India
 Nakur, Saharanpur, 247341, UP, India
 Lat 29.781942, Long 77.276795
 04/05/2024 02:34 PM GMT+05:30
 Note : Captured by GPS Map Camera

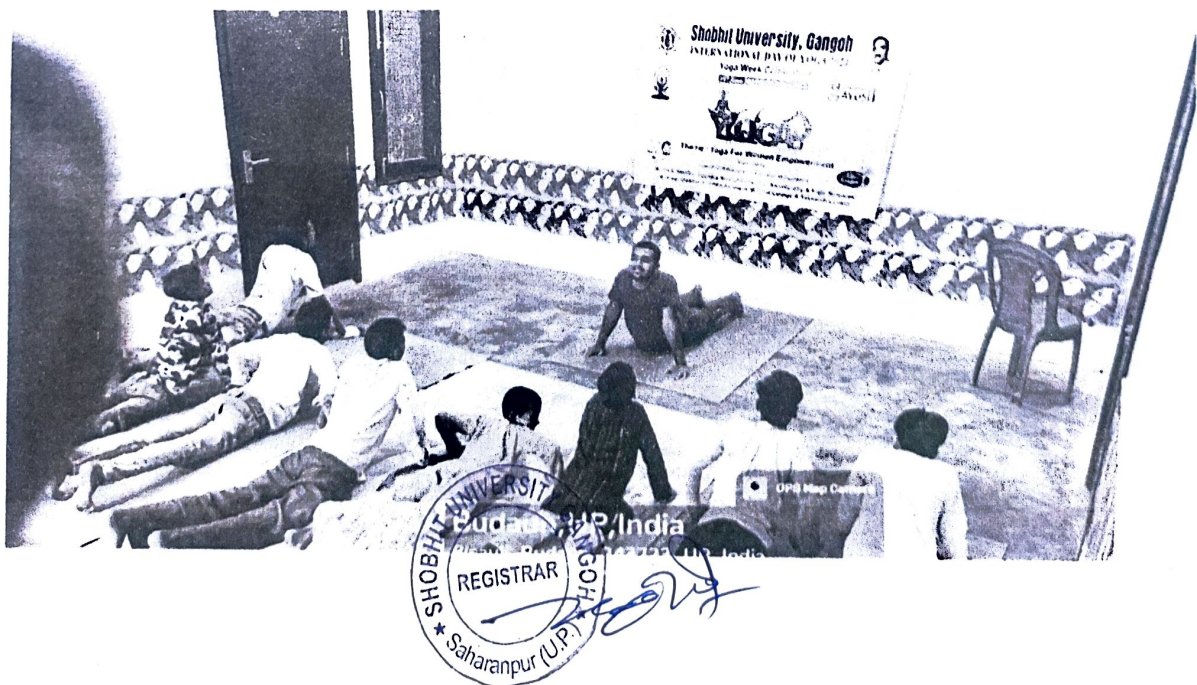




**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810032
E-mail: registrar.gangoh@shobhituniversity.ac.in
U: www.sug.ac.in





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel. +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U. www.sug.ac.in

CASE STUDY



LABORATORY WORK



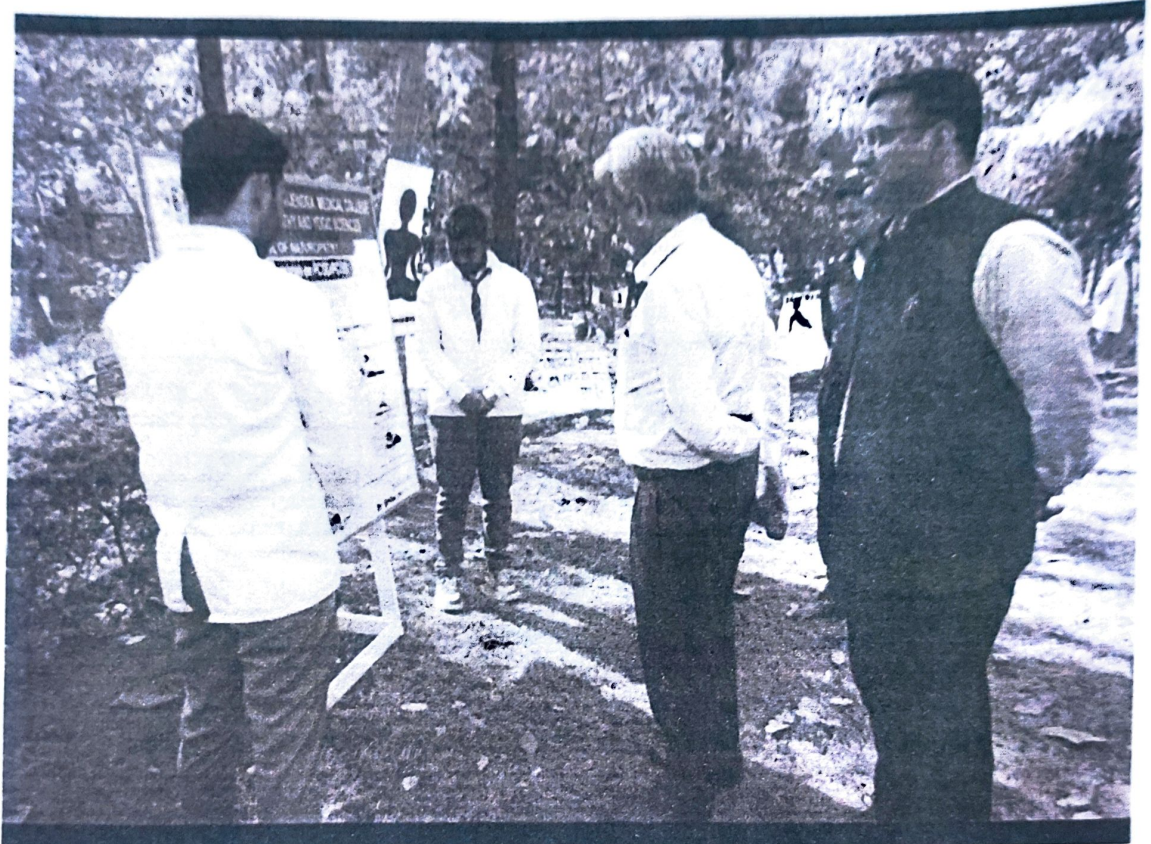


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.ssp.ac.in

PROJECTS



INTERNSHIP PROGRAM

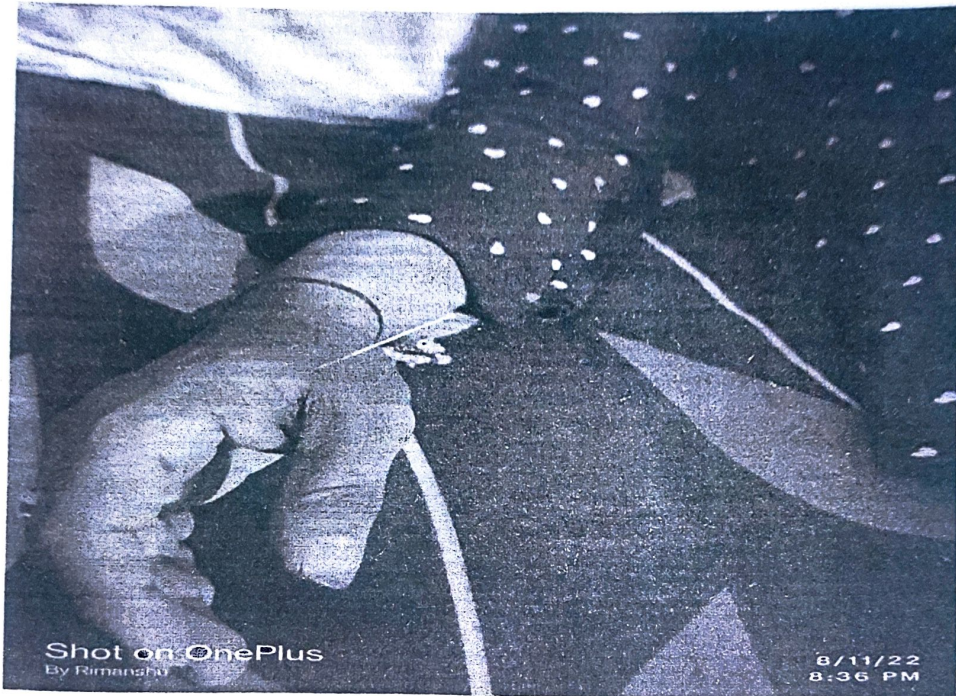




Shobhit University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in





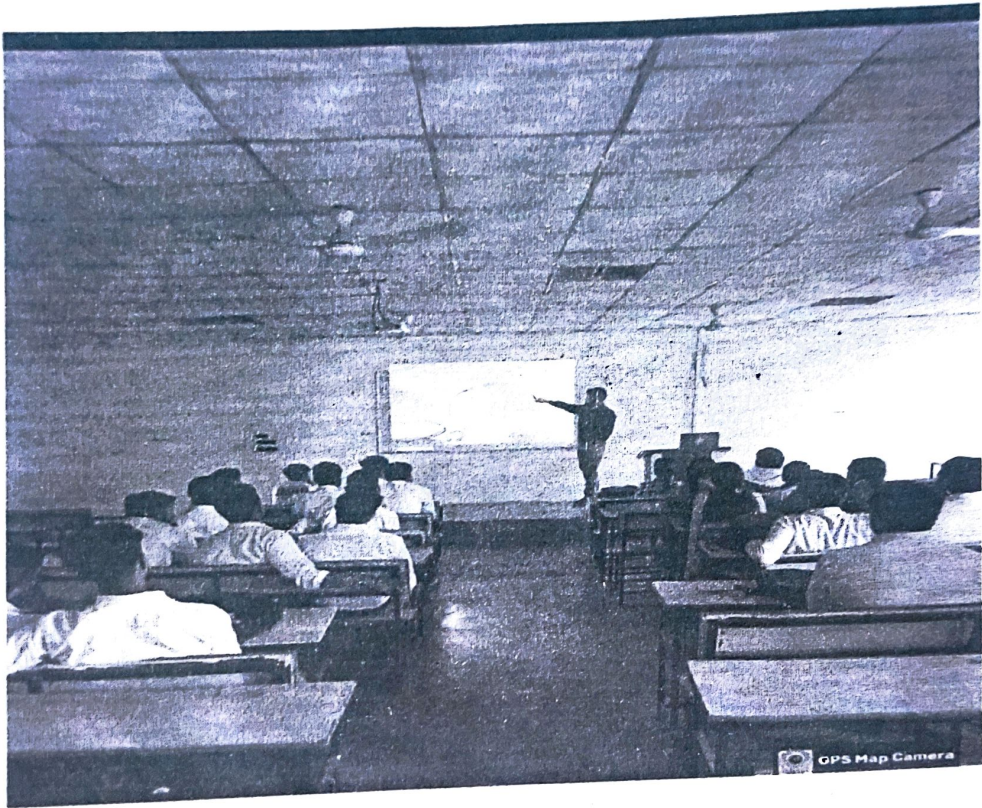
**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.suj.ac.in

2. INTEGRATED/ INTERDISCIPLINARY LEARNING

PROBLEM -BASED LERANING MODULES



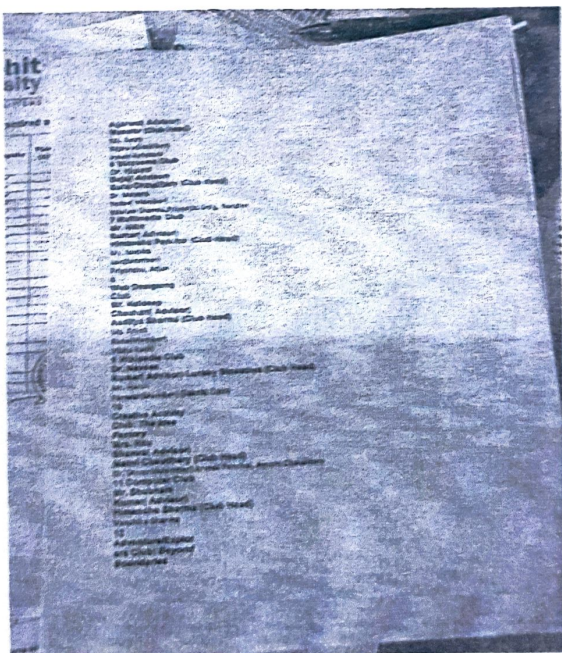


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vigendra Mang, Adarsh Institutional
Awas Gangah, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrars@shobhituniversity.ac.in
U: www.sugl.ac.in

STUDENTS CLUB

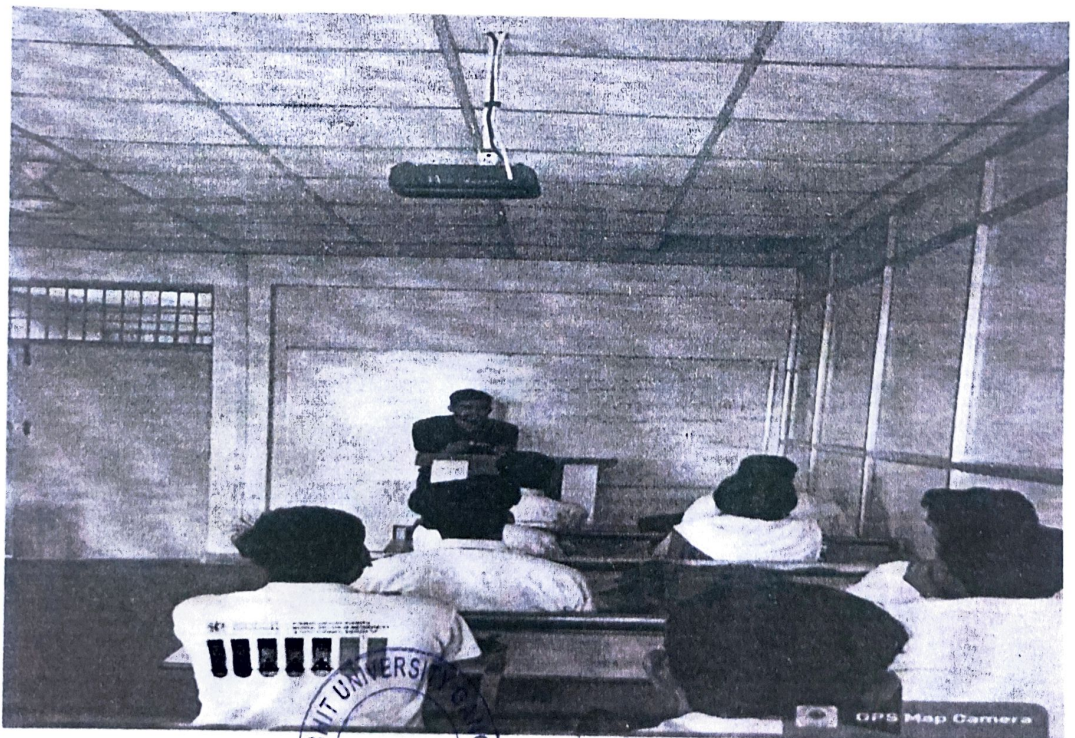
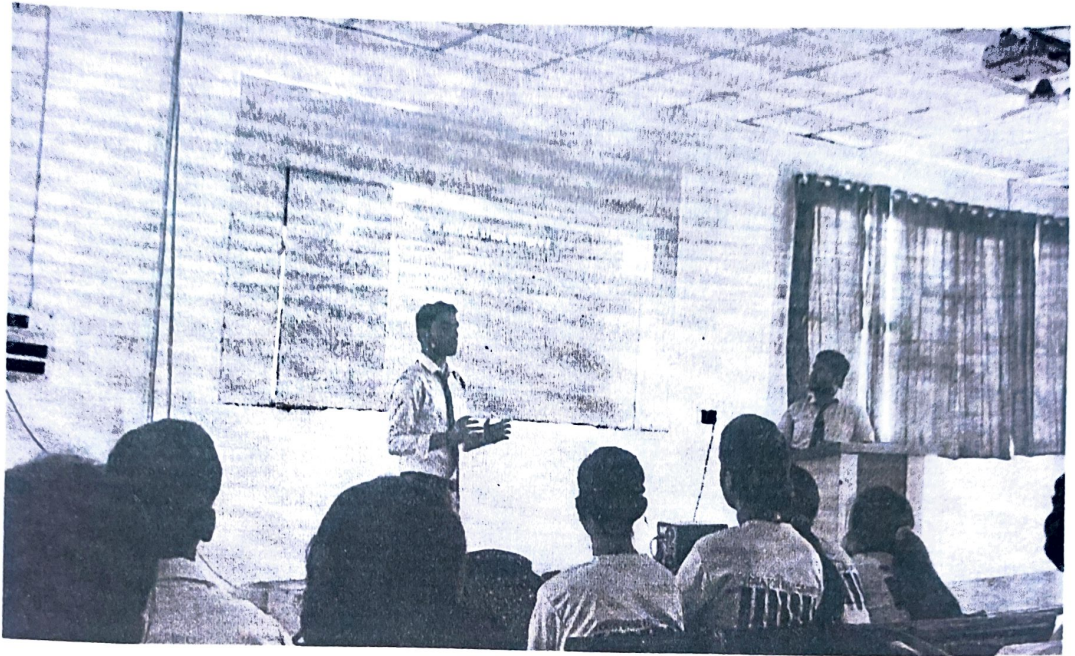




**Shobhit
University**
EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in

SEMINAR AND LECTURE SERIES

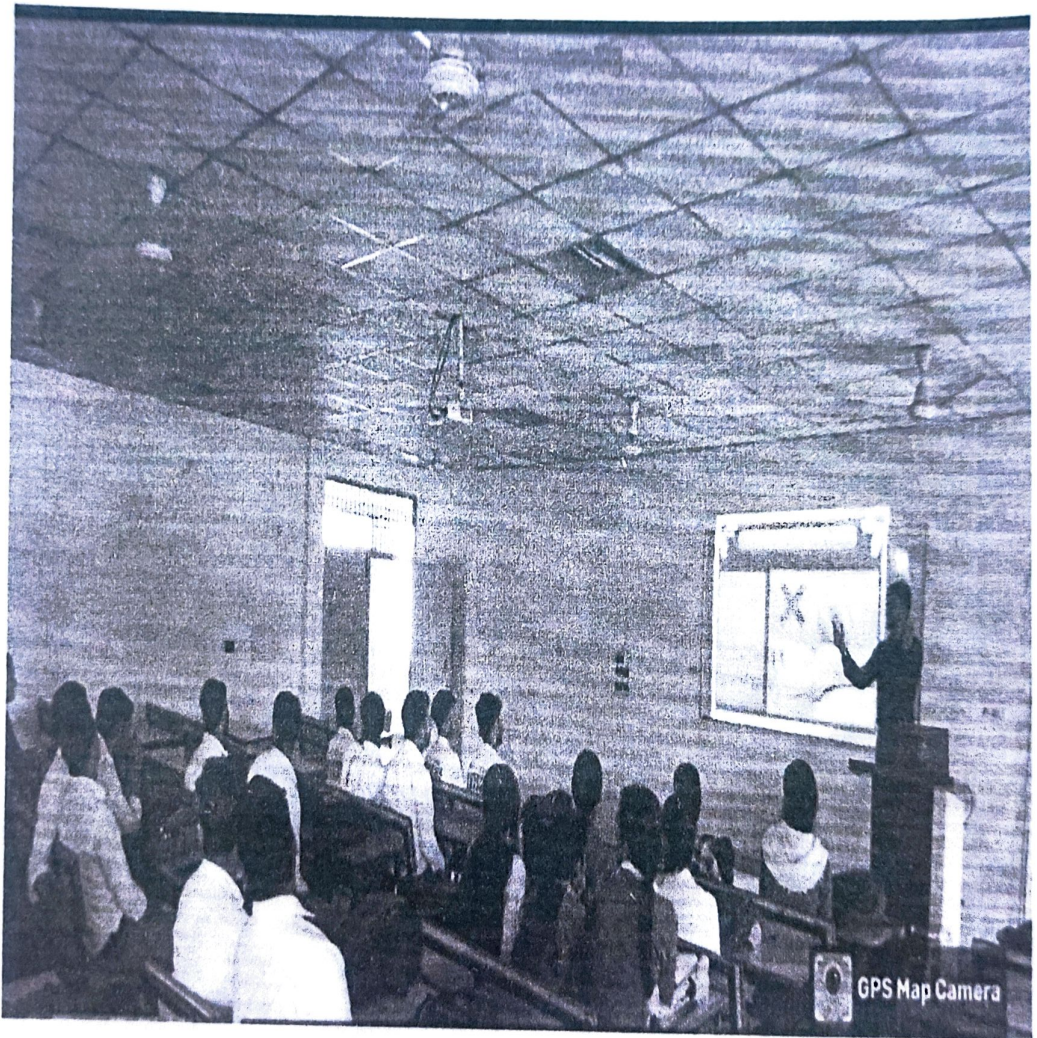




**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in





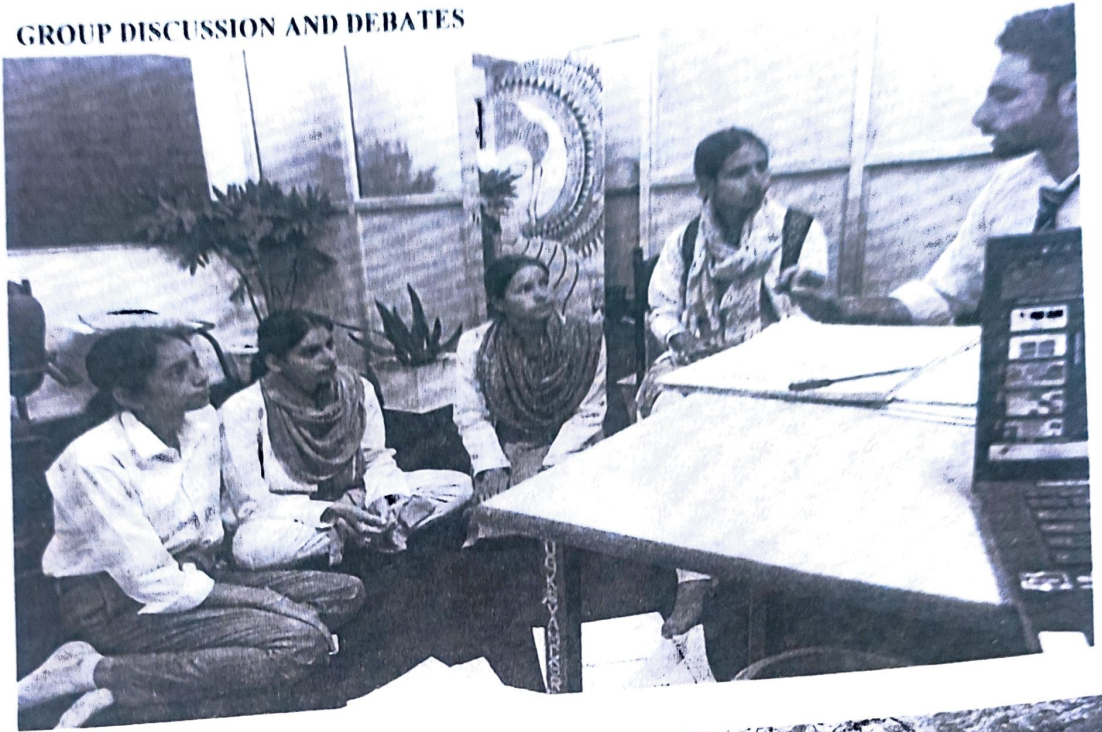
**Shobhit
University**

EDUCATION EMPOWERS

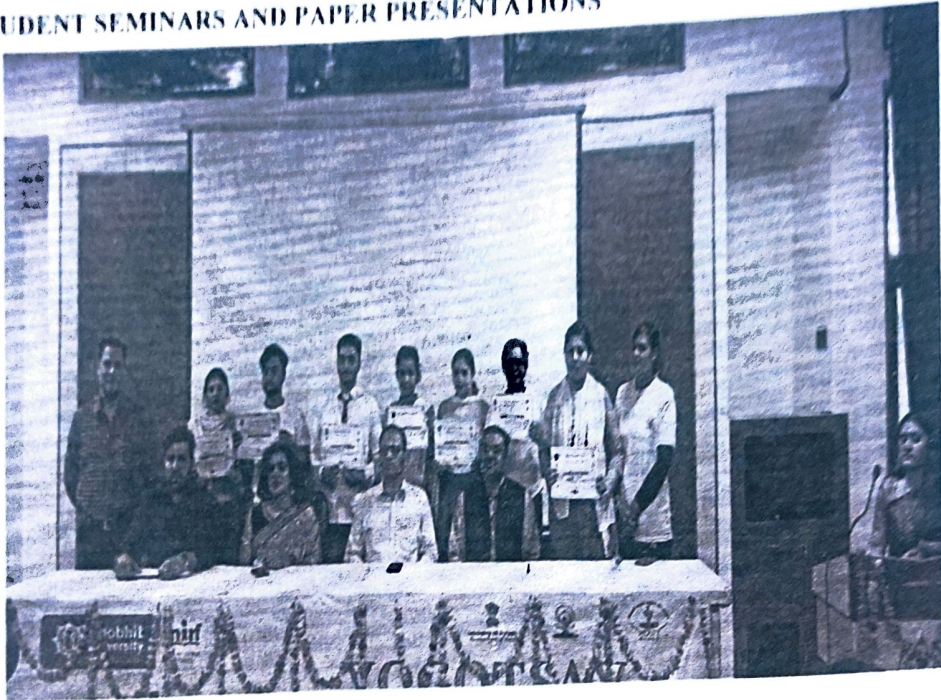
Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7836810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U: www.sug.ac.in

3. PARTICIPATORY LEARNING

GROUP DISCUSSION AND DEBATES



STUDENT SEMINARS AND PAPER PRESENTATIONS



OPEN HOUSE DISCUSSIONS





**Shobhit
University**

EDUCATION EMPOWERS

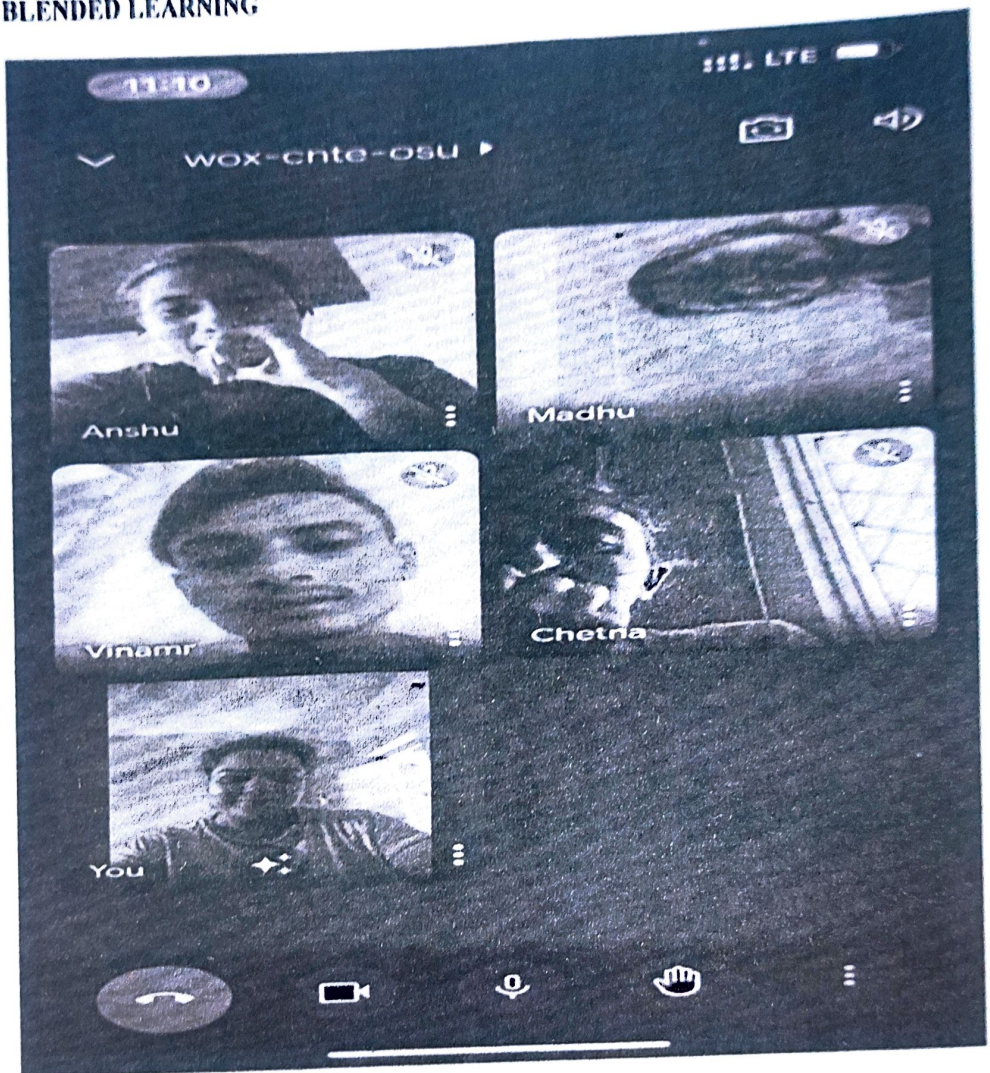
Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel. +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U. www.sug.ac.in

FIELD-BASED LEARNING AND RURAL IMMERSION



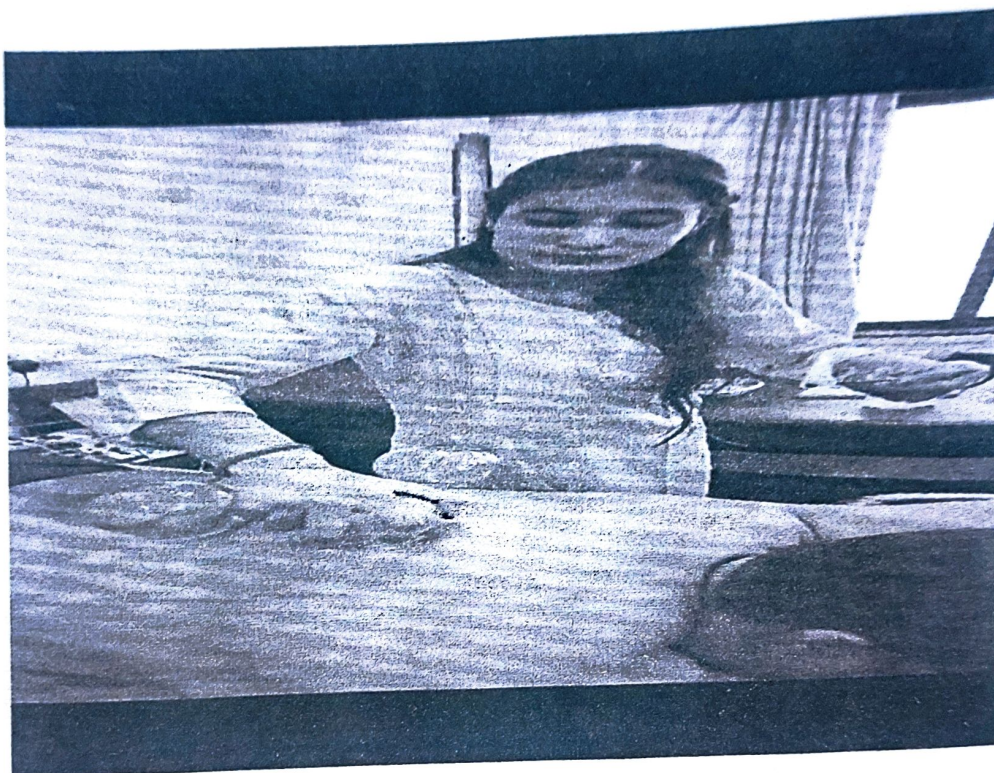
4. SELF DIRECTED LEARNING

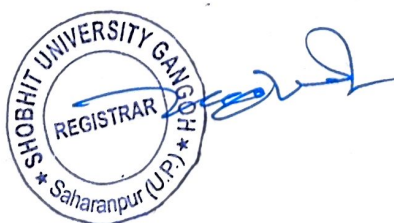
BLENDED LEARNING



6. PATIENT CENTRICEVIDENCE BASED LEARNING

PATIENT-CENTERED CARE PLANS







**Shobhit
University**

EDUCATION EMPOWERS

Babu Vigendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel : +91 7830810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U : www.sug.ac.in

7. ROLE PLAY LEARNING

COMMUNITY-BASED PATIENT ENGAGEMENT





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810032
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in

8. HUMANITIES IN LEARNING

YOGA AND VALUE EDUCATION



GPS Map Camera

Google

Saharanpur, Uttar Pradesh, India
Q7jg+px6, Saharanpur, Uttar Pradesh 247341,
India
Lat 29.781835° Long 77.27635°
21/12/24 02:48 PM GMT +05:30





**Shobhit
University**

EDUCATION EMPOWERS

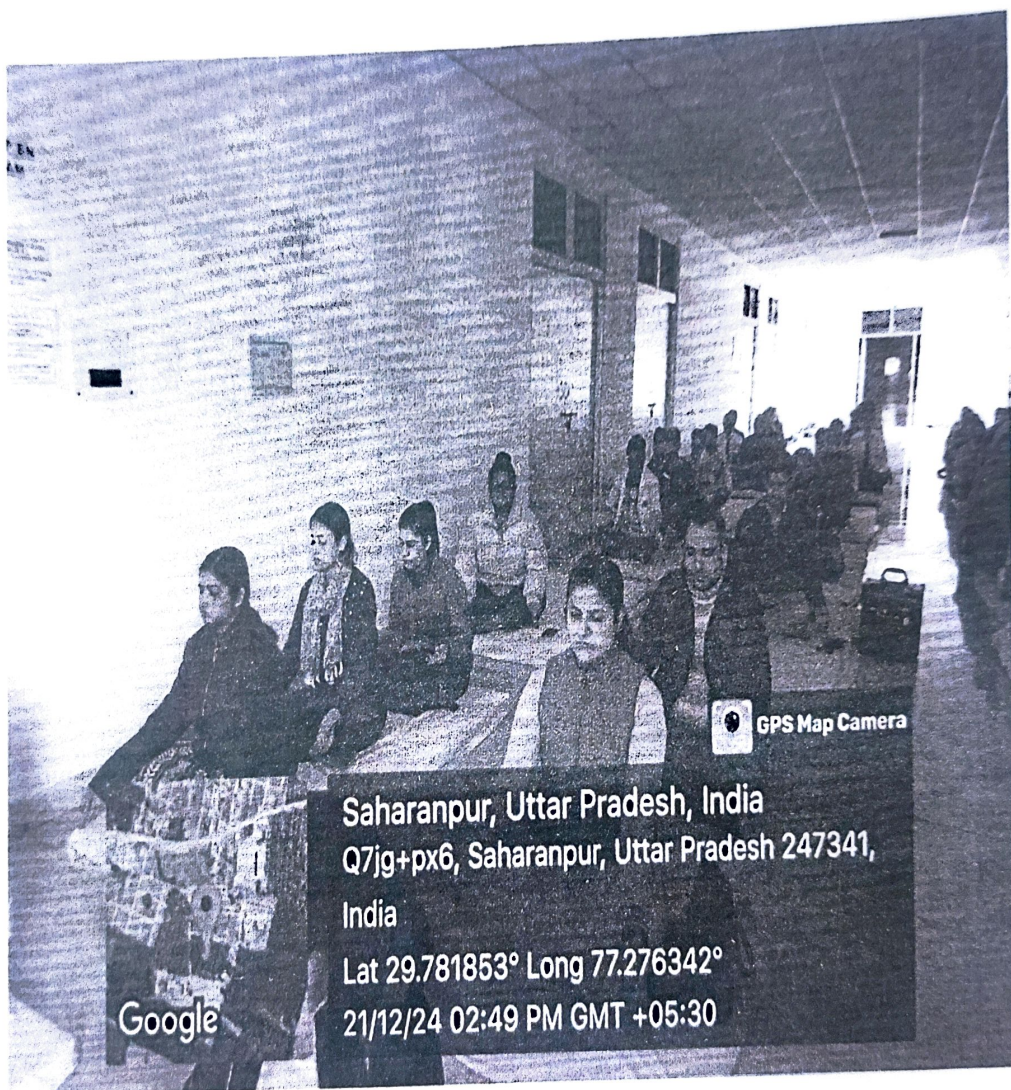
Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)

247341, India

Tel: +91 7830810052

E-mail: registrargangoh@shobhituniversity.ac.in

U: www.sug.ac.in





**Shobhit
University**

EDUCATION EMPOWERS

Balru Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar@shobhituniversity.ac.in
U: www.sug.ac.in



ARTS AND CULTURAL WORKSHOPS



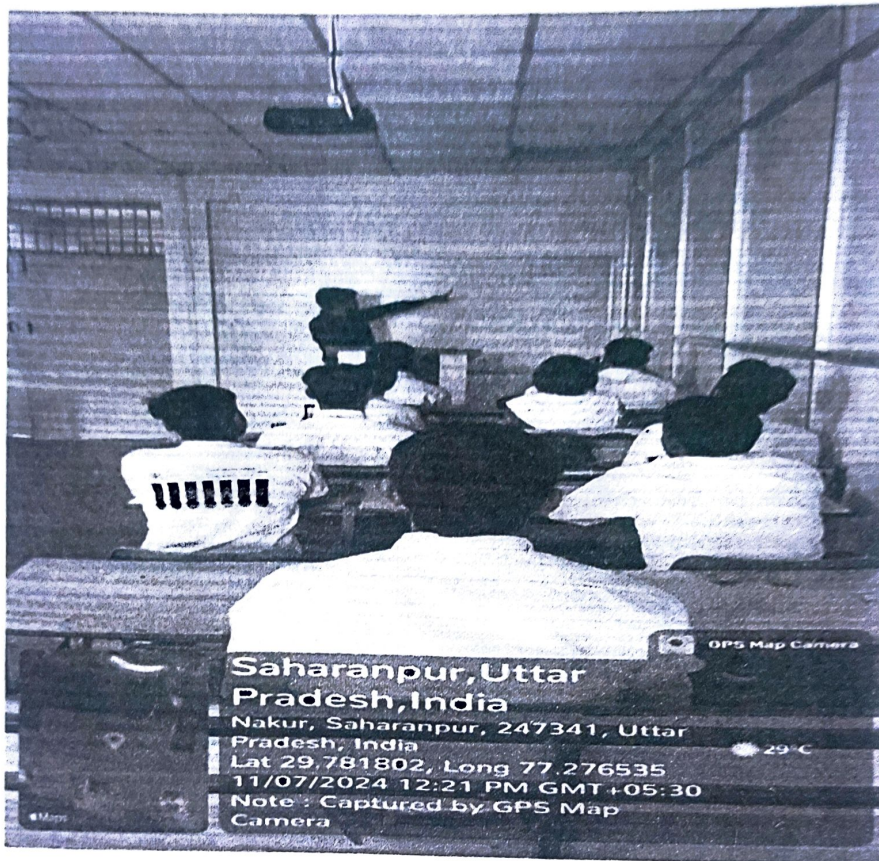


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U: www.sug.ac.in

TEACHER- STUDENT CLASSROOM SCENARIOS



Signature and Verification

Prepared by:

Name: Dr. Gaurav Dohal

Designation: A.P

Date: 14/09/2024

Verified by:

Name: Dr. Shiba Jha

Designation: A.P

Date: 11/10/2024





Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

2023-24

1. EXPERIENTIAL LEARNING

INTERNSHIP



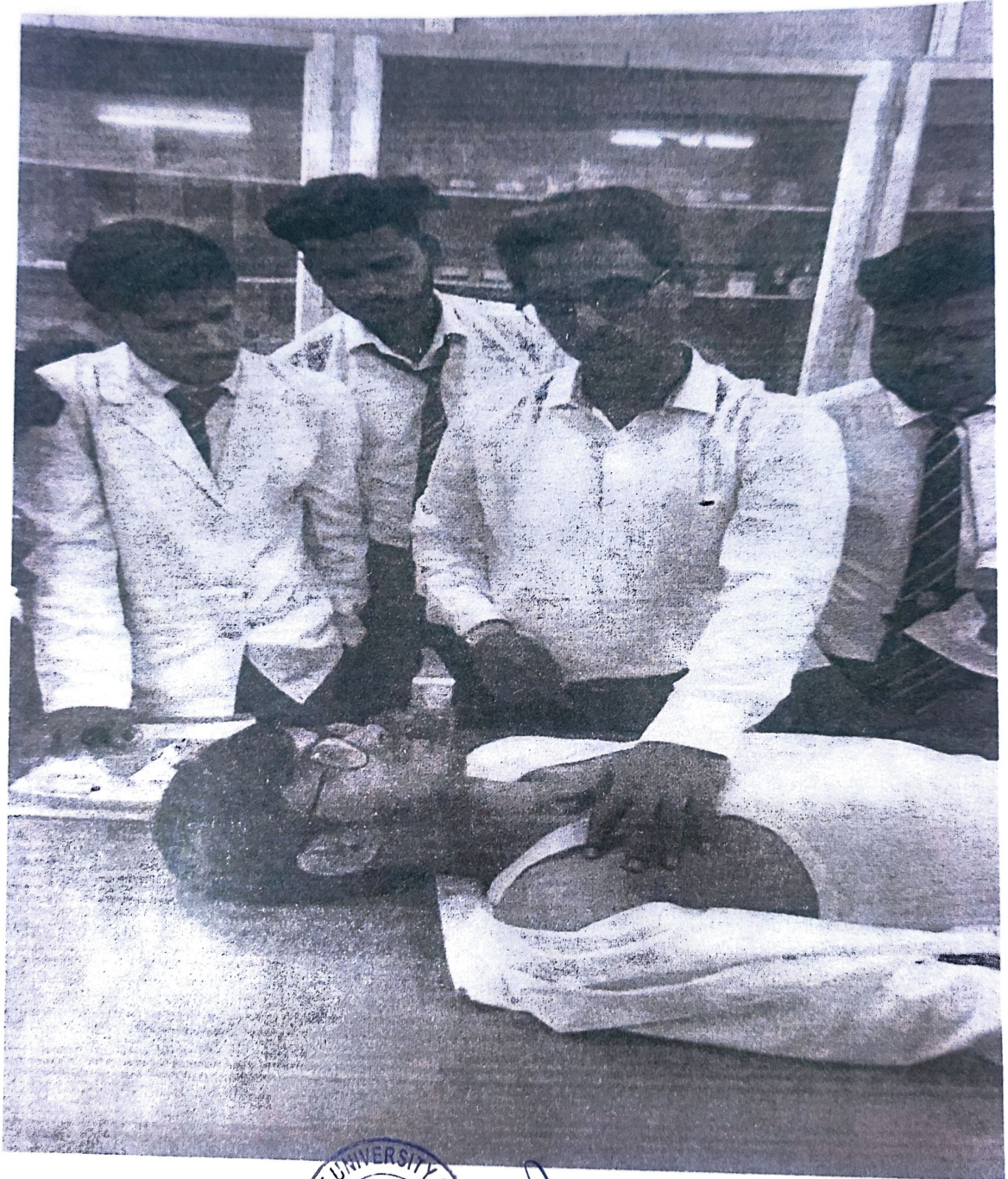


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in

ACUPUNCTURE WORKSHOP





Shobhit University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in



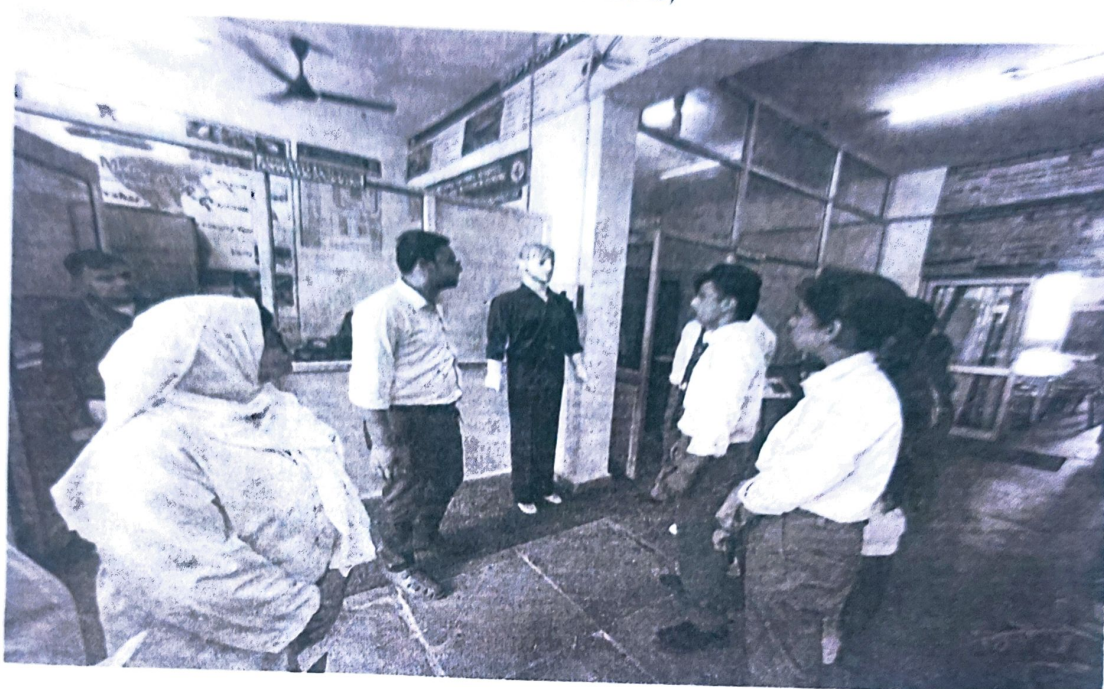


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vignendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.shup.ac.in

SIMULATION-BASED LEARNING (SUICIDAL HANGING)



CASE STUDY





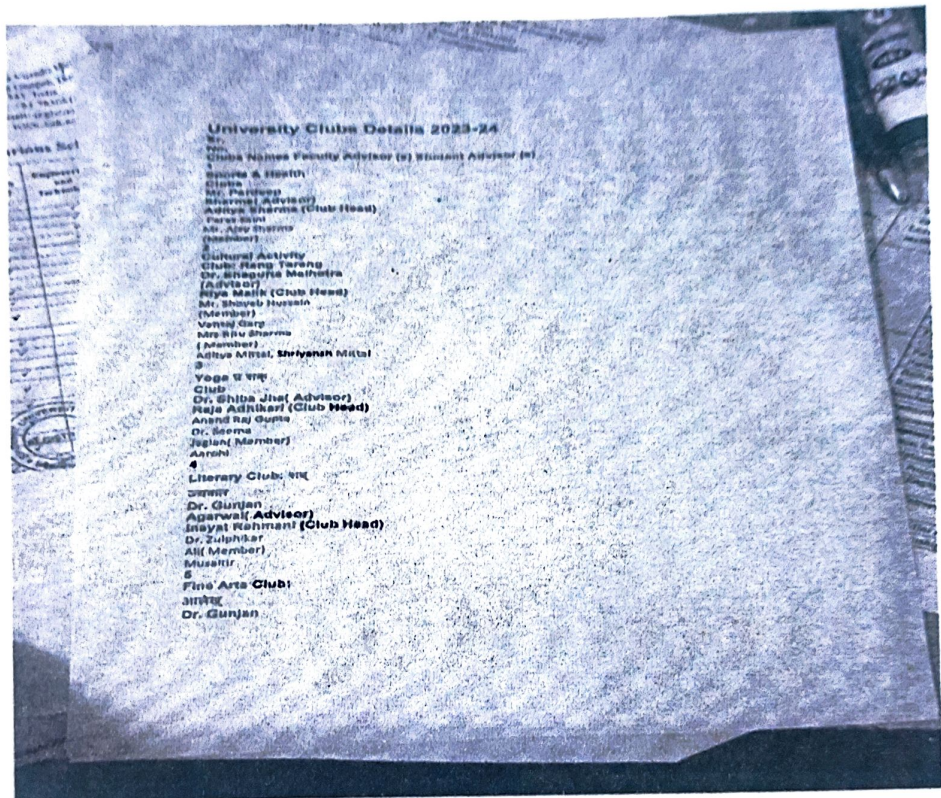
**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U: www.sug.ac.in

2. INTEGRATED/ INTERDISCIPLINARY LEARNING

STUDENTS CLUBS





Shobhit University

EDUCATION EMPOWERS

Baba Vijendra Marg, Adarsh Institutional
Area Gangohi, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangohi@shobhituniversity.ac.in
U: www.sug.ac.in





**Shobhit
University**

EDUCATION EMPOWERERS

Baba Vijendra Marg, Adarsh Institutional

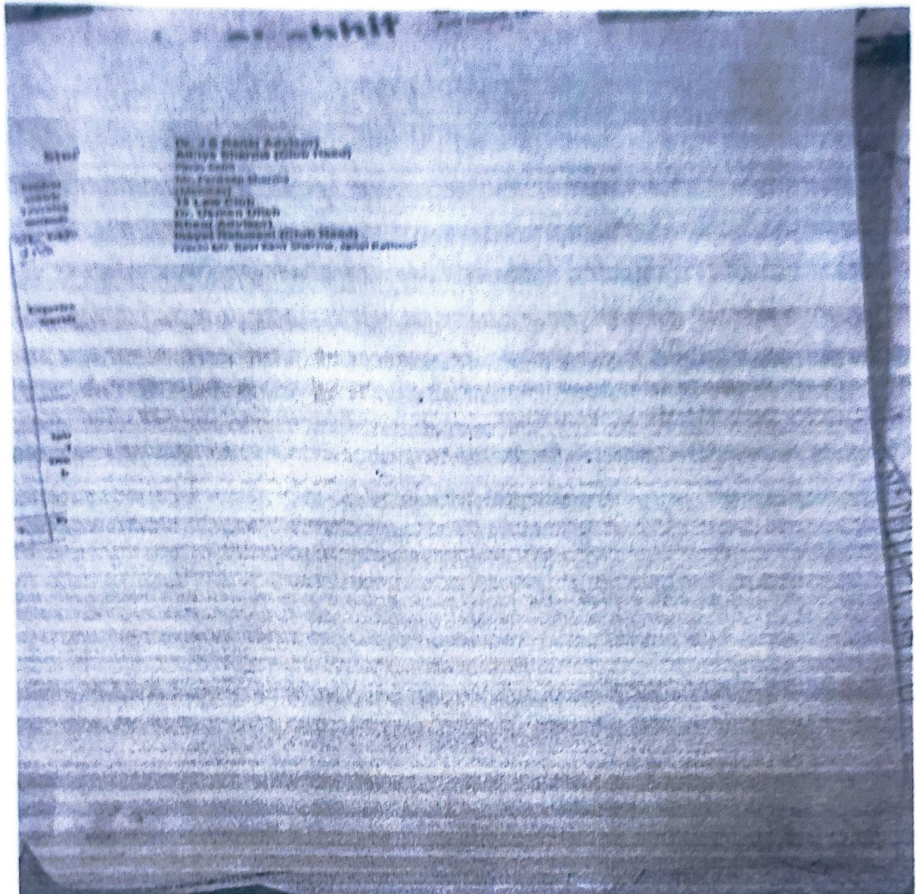
Area Gangoh, Distt. Saharanpur (U.P.)

247341, India

Tel: +91 7836810052

E-mail: registrars@shobhituniversity.ac.in

U. No. 10/2018-2019





Shobhit
Shobhit
University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7810610052
E-mail: registrar@shobhituniversity.ac.in
U: www.shobhit.ac.in

3. PARTICIPATORY LEARNING

OPEN HOUSE DISCUSSIONS





**Shobhit
University**

EDUCATION EMPOWERS

Baba Vipendra Marg, Adarsh Institutional
Area Gangoli, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar@shobhituniversity.ac.in
U: www.shobhit.ac.in





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar@shobhituniversity.ac.in
U: www.shobhituniversity.ac.in

GROUP DISCUSSION AND DEBATES

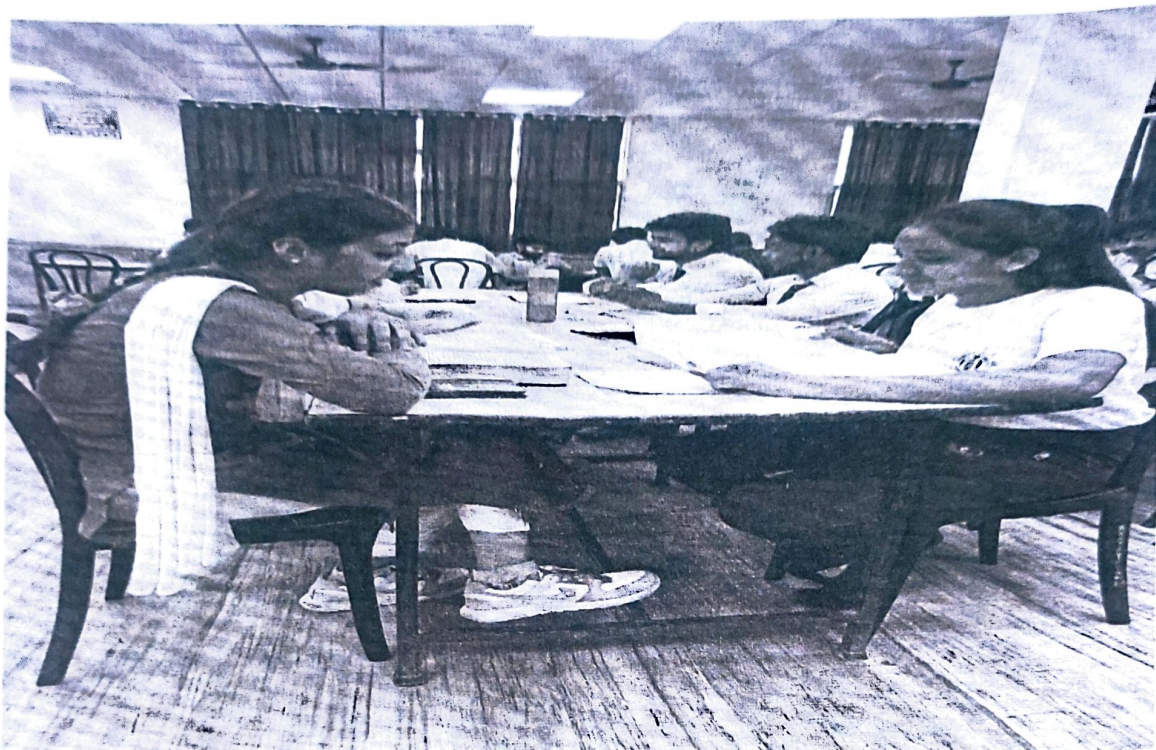




Shobhit University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247141, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in



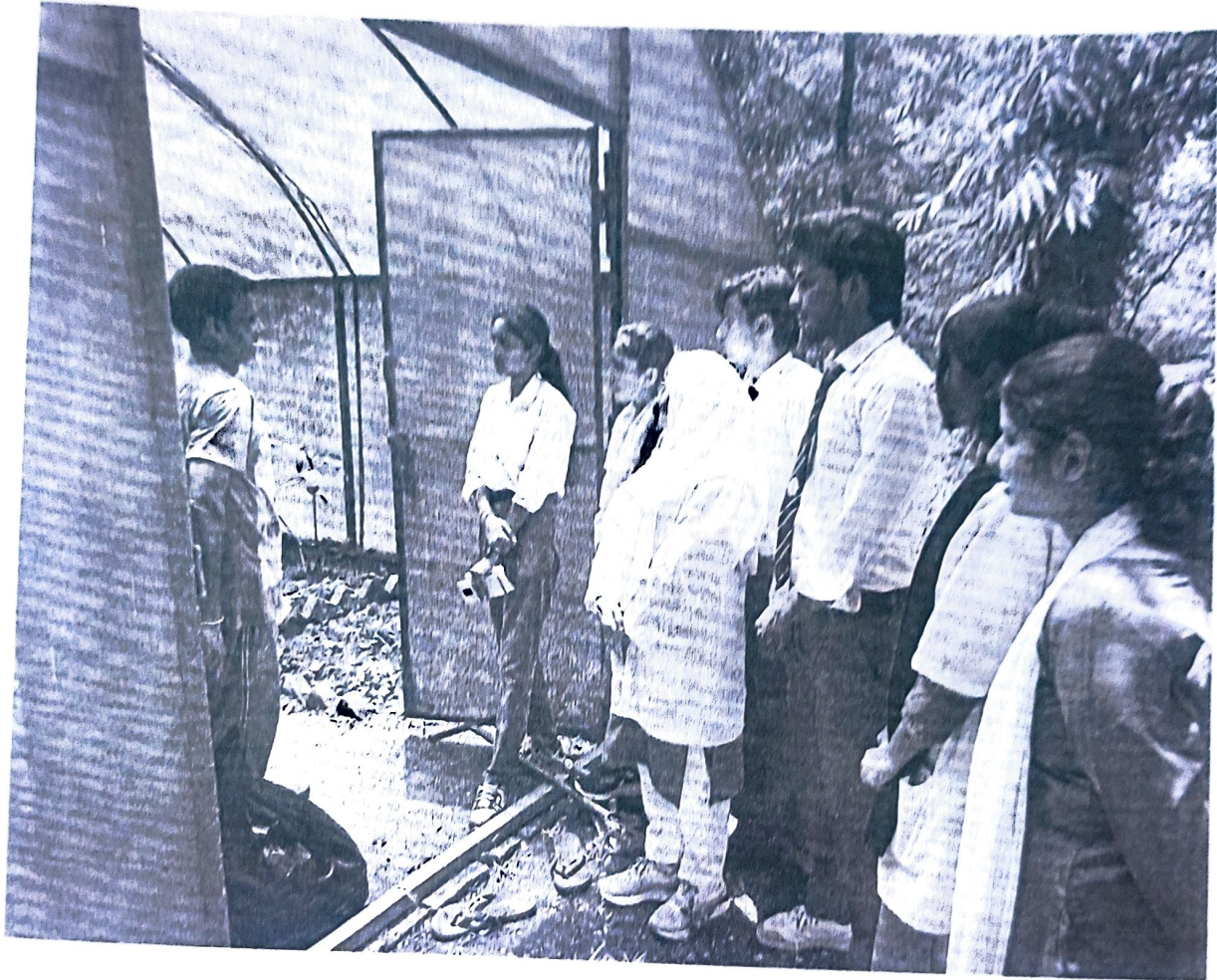


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vigendra Marg, Azadpur Institutional
Area Gangesh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830816012
E-mail: registrarsaharanpur@shobhituniversity.ac.in
U: 10259 2102 00 00

FIELD-BASED LEARNING AND RURAL IMMERSION





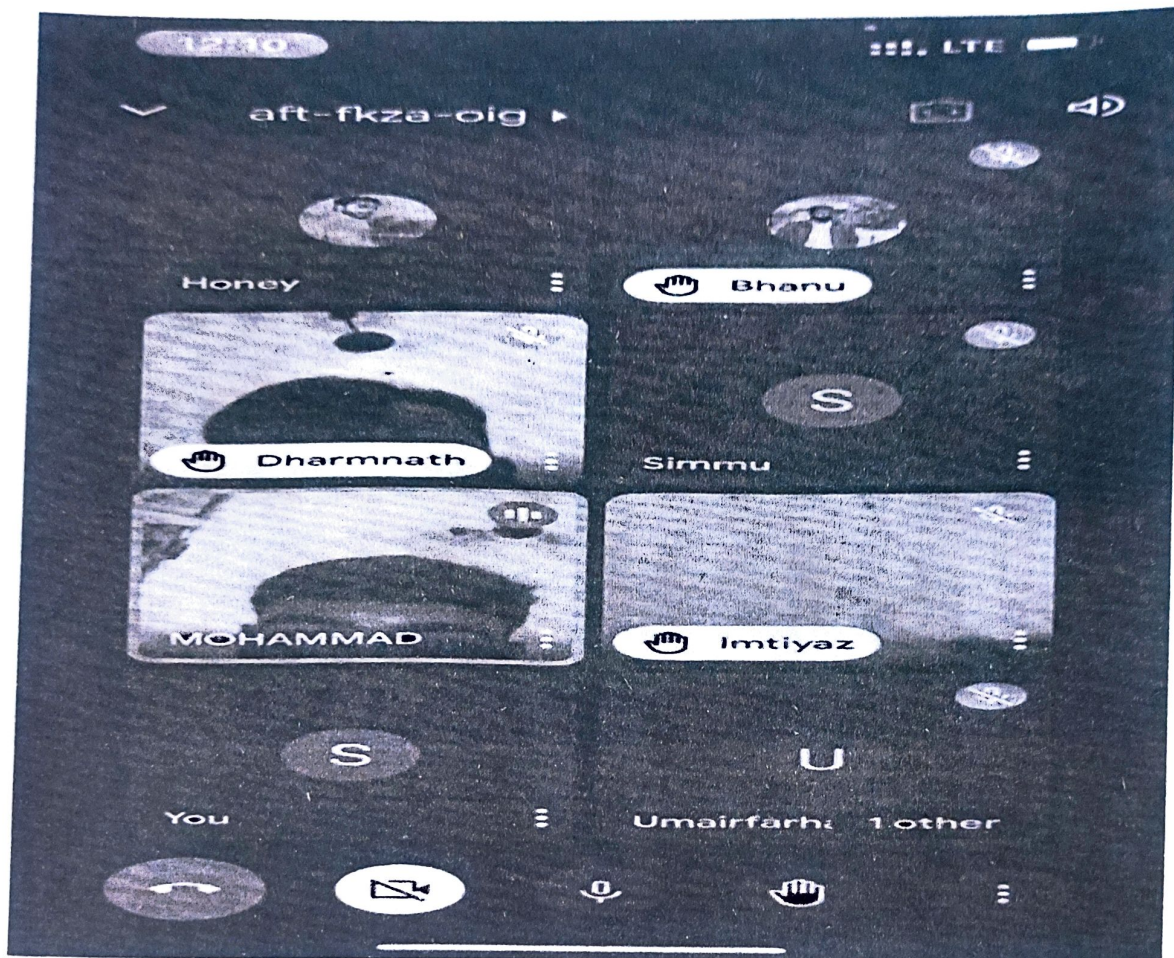
**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in

4. SELF DIRECTED LEARNING

BLENDED LEARNING



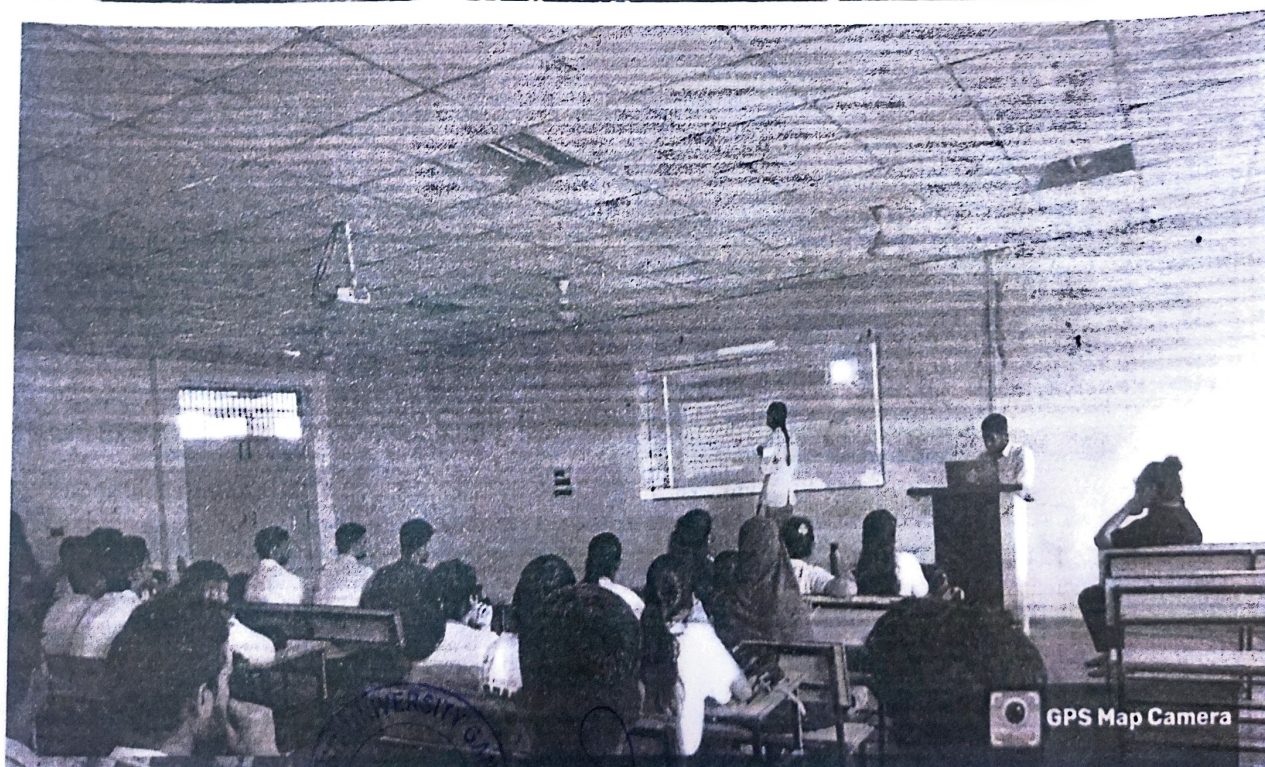
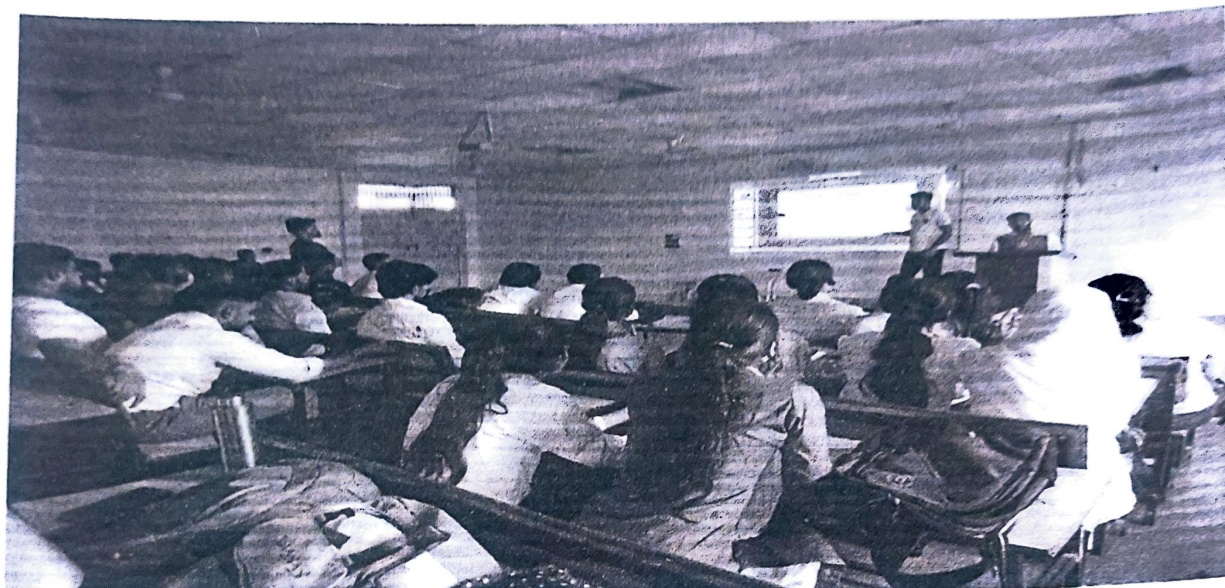


**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U. www.sur.ac.in

STUDENT SEMINARS & QUIZ





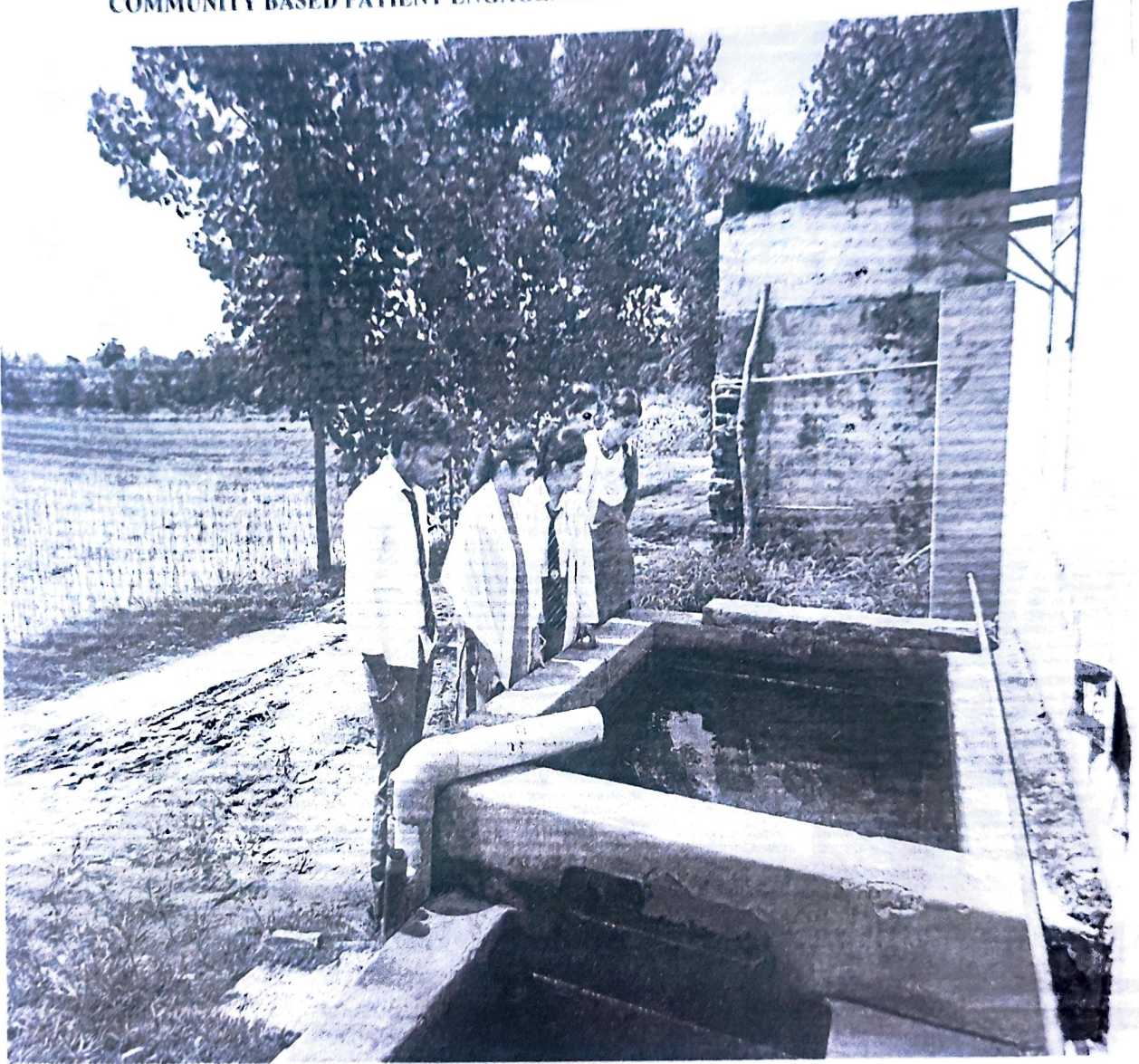
**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel. +91 7830810052
E-mail: registrar@shobhituniversity.ac.in
U: www.sug.ac.in

5. PATIENT CENTRIC EVIDENCE BASED LEARNING

COMMUNITY BASED PATIENT ENGAGEMENT





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar.gangoh@shobhituniversity.ac.in
U.P. WWW.SUG.AC.IN

6. ROLE PLAY LEARNING STUDENTS-TEACHER CLASSROOM SCENARIOS





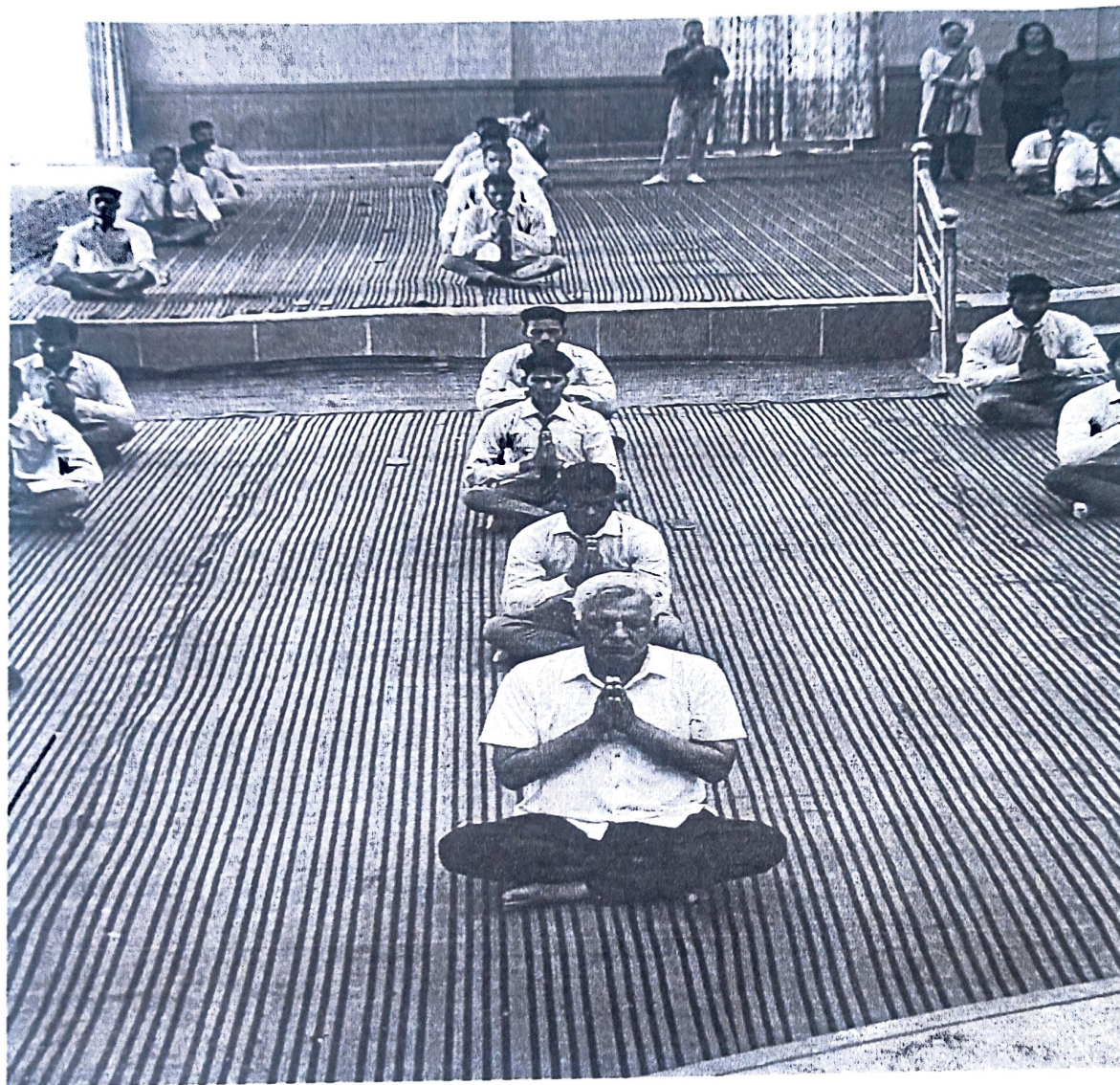
**Shobhit
University**

EDUCATION EMPOWERS

Babu Vajendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrar.gangohi@shobhituniversity.ac.in
U: www.shu.ac.in

7. HUMANITICS IN LEARNING

YOGA AND VALUE EDUCATION





Shobhit University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U: www.sug.ac.in





**Shobhit
University**

EDUCATION EMPOWERS

Babu Vinendra Marg, Adarsh Institutional

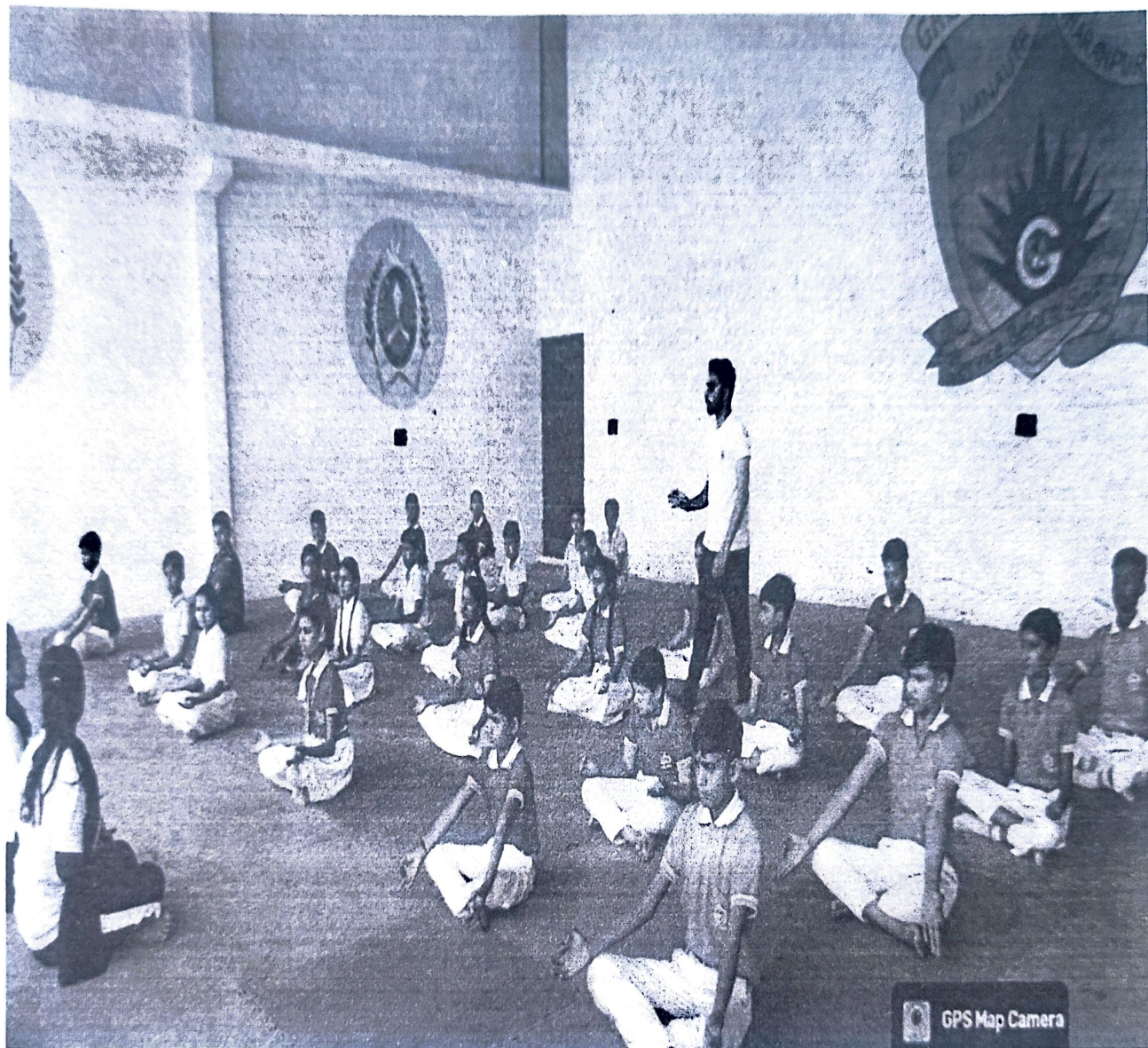
Area Gangoh, Distt. Saharanpur (U.P.)

247341, India

Tel : +91 7810810052

E-mail : registrar.gangoh@shobhituniversity.ac.in

U : www.sug.ac.in



[Handwritten signature]



Shobhit University

EDUCATION EMPOWERS

Babu Vijendra Marg, Adarsh Institutional
Area Gangoh, Distt. Saharanpur (U.P.)
247341, India
Tel: +91 7830810052
E-mail: registrargangoh@shobhituniversity.ac.in
U.: www.sug.ac.in


Signature and Verification

Prepared by:

Name: Dr. Gaurav Dobhal

Designation: A.P

Date: 05/03/2024



Verified by:

Name: Dr. Shiba Tha.

Designation: A.P

Date: 11/03/2024.

